



Wall Mounted Fixed Height Collared Ballet Barre / Fitness Barre Installation Instructions

PLEASE READ THOROUGHLY BEFORE INSTALLING

Vita Vibe Barres are used worldwide in both ballet / dance studios and fitness facilities.

If using for ballet / dance, the typical barre height is as follows:

40" to 42" above the floor for a single barre and if installing a double barre system, the lower barre is normally 10" to 12" below the top barre.

If using for fitness, normally only a single barre is used and the typical barre height is 36" to 38".

(All measurement references are from finished floor to top of barre)

Of course, you can mount the barre(s) to any height you desire.

First decide on the height you would like to have the barre(s) mounted. If mounting the wall brackets to wood studs, locate the studs (using a standard stud finder) and mark the center of studs. Keep in mind that the brackets have an up sweep to the design and therefore the mounting of the brackets will be lower than the actual barre height. Lay out the barre(s) on the floor and carefully slide on the brackets and space the brackets evenly to make certain that they land on a stud. There should be no more than 12 inches of barre extending beyond the end brackets.

With the help of another person, mount the brackets to the wall by first drilling 3/16" pilot holes into the wall/studs and install the supplied 1/4" lag bolts and washers. Be sure to use a level for this step

Once the lag bolts are tightened, push on the supplied bolt cover caps for a finished look.

Now, slide the barre left or right into it's final position and install the supplied bracket collar screws into the bottom side of the brackets screwing into the barre. Two screws per bracket are required.

If joining two or more sections of barre, be sure to locate a bracket at this joint by inserting each barre halfway into the bracket collar and installing the supplied barre screws to each side of the collar at the joint.

Lastly, push on the supplied end caps to all exposed barre ends.

Note: If installing to brick or masonry walls, follow the instructions above and use 1/4" lag shields or other masonry anchors (not included) to mount the brackets to the wall.

If installing to a metal stud wall, or if your wood studs are not in the ideal locations,

install a 1X6 wood backer board to the wall with construction adhesive and

install two screws (not included) to each stud then install the brackets and barre(s) as outlined above.

If you are unfamiliar with doing this type of work we highly recommend using a contractor or handy person.

Barre Care and Maintenance:

Powdercoated Aluminum Barres - Clean with soft damp cloth or use disinfectant wipes.

Natural Wood Barres - Clean with any wood cleaner such as Murphy's Oil Soap and if needed, occasionally treat the wood with a light coat of linseed or Danish oil.

NOTE: PERIODICALLY MAKE SURE ALL BRACKETS AND BARRES ARE SECURELY TIGHT BEFORE USING.

Please keep this instruction sheet for future reference. Should you need assistance with assembly or replacement parts contact us directly. Do not return to place of purchase.

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