Adjustable Height
Floor Mounted Fitness Barre
Installation Instructions

Once you have determined where the floor stanchions will be located, it is best to use a chalk line or straight edge to insure a straight line to guide you.
Place the floor stanchions along the straight line with the collars facing the user, slide the barre material into the barre collars. Do not install collar screws yet.

The floor stanchions should be spaced 48" apart and no more than 12" in from each end of the barre run.
Make sure that a stanchion is located at a barre joint as this will be used to couple the barres together.

Anchor the floor stanchions to the floor using the proper anchor bolts of at least 3/8" diameter (four anchors per stanchion).
All floor stanchions must be mounted in a straight line.
Note: Anchors for mounting the stanchions to the floor are not included as we have no information on the type of floor they will mount to. Your installing contractor should know which type of anchors to use.

Depending on the levelness of the floor, it may be necessary to "shim" the floor stanchions by placing flat washers between the floor and the stanchion base plate before final anchoring.

Once the floor stanchions are securely anchored to the floor, position the barre material so 1" of barre material is inserted into the joining collars. Install the supplied collar screws into the barre through the bottom of each collar (two per collar).

To adjust the barre height. Loosen the two bolts located above and below the collar bracket, slide the collar bracket up or down to your desired height then securely tighten the two bolts. Push on supplied bolt head cover caps.

Regularly check all fastening hardware to be sure all are tight and secure.

DISCLAIMER: As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for. Proper safety gear such as padded mats, shoes, clothing and the like should always be used.
This equipment should not be used alone. Always have someone nearby in case of an emergency.
Vita Vibe, Inc. and it's affiliates will not be liable for any injury or death resulting from use of this equipment.
User assumes responsibility for proper assembly, maintenance and use of this equipment.

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