Wall Mounted Wood Ballet Barre
Installation Instructions

PLEASE READ THROUGHLY BEFORE INSTALLING

Normally the barre is mounted 42" above the floor for a single barre and if installing a double barre system, the lower barre is normally 10" below the top barre. (measured to the top of the barre)
Of course you can mount the barre(s) to any height you desire.

First decide on the height you would like to have the barre(s) mounted. If mounting the wall brackets to wood studs, locate the studs using a standard stud finder and mark the center of studs. Keep in mind that the brackets have an up sweep to the design and therefore the mounting holes will be lower than the actual barre height.
Lay out the barre(s) on the floor and carefully slide on the brackets and space the brackets evenly so that they land on a stud. The end brackets should have no more than 12 inches of barre extending beyond the bracket,

With the help of another person, Mount the brackets to the wall by first drilling 1/8" pilot holes into the wall/studs and install the supplied wood screws. Be sure to use a level for this step.

Now, carefully slide the wood barre left or right into it’s final position and install the supplied screw into the bottom side of the brackets screwing into the wood barre.
It may be necessary to drill 1/16" pilot hole before installing screws.

Lastly, push on the supplied safety caps to all exposed barre ends.

Note: If installing to brick or masonary walls, follow the instructions above and use lag shields or other masonary anchors (not included) to mount the brackets to the wall.
If installing to a metal stud wall, first install a 1X4 or larger wood backer board to the wall with construction adhesive and install two screws (not included) to each stud then install the brackets and barre(s) as outlined above.

If you are unfamiliar with doing this type of work we highly recommend using a contractor or handyman.

NOTE: PERIODICALLY MAKE SURE ALL BRACKETS AND BARRIES ARE SECURELY TIGHT BEFORE USING.

Please keep this instruction sheet for future reference.
Should you need assistance with assembly or replacement parts contact us directly. Do not return to place of purchase.

DISCLAIMER: As with any fitness or exercise equipment, use of this equipment should only be used by persons who are physically able to use the equipment as it is designed for.
Proper safety gear such as padded mats, shoes, clothing and the like should always be used.
This equipment should not be used alone. Always have someone nearby in case of an emergency.
Vita Vibe, Inc. and its affiliates will not be liable for any injury or death resulting from use of this equipment.
User assumes responsibility for proper assembly, maintenance and use of this equipment.